# AcuRelax



www.acurelax.com
Ph: 416-335-7575 Toll free: 1-877-441-7575

## What can Infrared Saunas do?

#### Detoxification

Toxins are flushed out through sweat as a result of increased blood circulation.

#### Pain Relief

Infrared heat relieves pain by dilating the blood vessels. Increased supplies of oxygen and nutrients help in healing and reducing pain.

#### **Arthritis**

Heat releases tense muscles and cramps that have been formed in response to aching and stiff joints.

#### Fibromyalgia

#### Weight Loss

Burn 600 calories in a 30 minute sauna session which is equal to 6 miles of running.

#### Cardiac Health

It is an effortless workout for your heart.

#### Beautiful Skin

Heat deep cleanses the skin and helps to eleminate all the toxins through sweat.

#### Skin conditions

Sauna session is known to help in certain skin conditions like acne, psoriasis and eczema.

#### Stress Relief

Infrared heat helps to relieve mental stress and fatigue by increasing the blood flow and supplying more nutrition, oxygen and hormones (endorphins) to the tissues.

#### Refreshing Sleep

Relieving mental and physical stress in sauna helps to induce refreshing, deep sleep and makes you feel happy and energetic.

#### **Sports Fitness**

Infrared heat increases blood circulation, heart rate and metabolism. All these elements contribute towards healthy heart and also flexibility is improved due to heat. All these factors combined together give increased sports performance





Dimensions: 130(L)X115(D)X190(H) cm

Capacity: 2 Person

Power: 1650W, 110V, 15Amps

Hemlock FIR Red Cedar

## **Product Description:**

It is a fancy 2 person sauna. Big glass panes gives you a more open feeling, so that you do not feel suffocaded. This unit comes with a backrest to give you ultimate comfort.



Dimensions: 146(L)X146(D)X194(H) cm

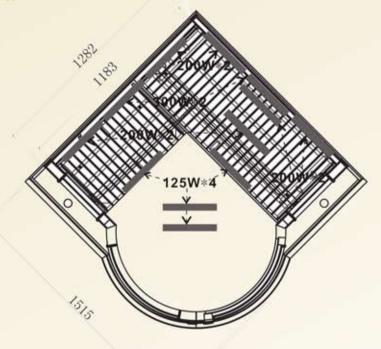
Capacity: 3 Person

Power: 2100 W, 110V, 20Amps

Hemlock FIR Red Cedar

## **Product Description:**

It is a gorgeous 3 person sauna with big glass panes. This open design gives a perfect look and bigger feeling, making your experience more enjoyable and comfortable with friends and family. This unit comes with a beckrest.





Dimensions: 175(L)X110(D)X196(H) cm

Capacity: 4 Person

Power: 2150 W, 110V, 20Amps

Hemlock FIR Red Cedar

## **Product Description:**

This gorgeous 4-person sauna would be a beautiful and worthwhile addition to any household! The sauna plugs into a dedicated 20

A 110 V outlet (please consult a certified

200W\*2 1732

electrician for replacing a 15 A dedicated receptacle to an approved 20 A dedicated receptacle). .. Enjoy the convenience of dual (interior and exterior) soft touch control panel and LED display featuring sauna temperature and time functions. Play your favourite music through the AM/FM radio/CD player with built-in auxiliary plug and speakers. This unit comes with a back rest for added convenience.



Dimensions: 155(L)X155(D)X196(H) cm

Capacity: 4 Person

Power: 1875 W, 110V, 20Amps

Hemlock FIR Red Cedar

## **Product Description:**

This 3-4 person corner sauna would be a beautiful and worthwhile addition to any household! The sauna plugs into a dedicated 15 A 110 V outlet (an outlet set aside specifically for the sauna, other appliances cannot use the specific circuit at the same time) so no special wiring is required... Enjoy the convenience of dual (interior and exterior) soft touch control panel and LED display featuring sauna temperature and time functions. Play your favourite music through the MP3 auxiliary connection with speakers. This unit comes with a back rest.



Dimensions: 90(L)X90(D)X194(H) cm

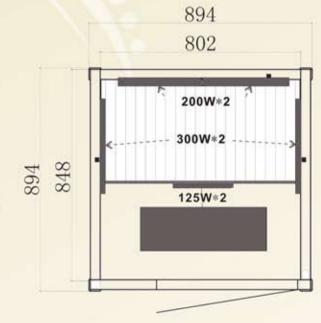
Capacity: 1 Person

Power: 1200 W, 110V, 20Amps

Hemlock FIR Red Cedar

## **Product Description:**

This compact 1- to 2-person sauna would be a beautiful and worthwhile addition to any household! The sauna plugs into a dedicated 15 A/110 V outlet (an outlet set aside specifically for the sauna, other appliances cannot use the specific circuit at the same



time) so no special wiring is required. Enjoy the convenience of dual (interior and exterior) soft-touch control panel and LED display featuring sauna temperature and time functions. Play your favourite music through the MP3 auxiliary connection with speakers.



Dimensions: 120(L)X105(D)X190(H) cm

Capacity: 2 Person

Power: 1700 W, 110V, 15Amps

Hemlock FIR Red Cedar

## **Product Description:**

This most popular 2-person sauna would be a beautiful and worthwhile addition to any household! The sauna plugs into a dedicated 15 A 110 V outlet (an outlet set aside specifically for the sauna, other appliances cannot use the specific circuit at the same time) so no special wiring is required. Enjoy the convenience of dual (interior and exterior) soft touch control panel and LED display featuring sauna temperature and time functions. Play your favourite music through the MP3 auxiliary connection with speakers.



Dimensions: 213(L)X213(D)X250(H) cm

Capacity: 5 Person

Power: 2600 W, 110V, 20Amps

Hemlock Red Cedar

## **Product Description:**

While living a modern lifestyle is fun, most of us need a place to relax in comfort near our own homes.

A personal outdoor sauna could be the most useful investment you can make for the benefit of your health. This 4 Person Outdoor Infrared Sauna will exceed all your expectations and enhance every day of your life for the rest of your life! We guarantee it!



Dimensions: 120(L)X105(D)X194(H) cm

Capacity: 2 Person

Power: 2000 W, 110V, 20Amps

Hemlock FIR Red Cedar

### **Product Description:**

Nothing can do a better job than our 2 Person Outdoor Infrared Sauna that gives you positive results.

It will take care of your body and mind by helping you enjoy peace and harmony in the comfort of your own backyard in your home. You could also pick a partner to spend your free time with while enjoying the warmth and care.

